



## **SJCPS SPORTS PHYSICAL POLICY**

**“Athletes planning to participate in ANY sport during the 2013-2014 school year must have a current physical on file at the school office by August 1<sup>st</sup>, 2013. To be considered “current” ALL physicals must be administered between May 1<sup>st</sup> and August 1<sup>st</sup>, 2013 regardless of when your student will be playing a sport during the next school year. This “current” physical must be administered during the prescribed time frame regardless of when your last sports physical was administered. For the 2013-2014 school year, NO PHYSICALS WILL BE ACCEPTED AFTER AUGUST 1<sup>st</sup>.”**

As in previous years, for a nominal fee, the SJCS Athletic Department will provide **SPORTS PHYSICALS** in May to interested students currently enrolled in **grades 4, 6, and 7** who plan to participate in the athletic programs for the 2013-2014 school year. **Please Note:** Any **current 5th grade student** who plans to participate in the athletic programs for the 2013-2014 school year should have her/his physician mark the “yes” on the State of Illinois Child Health Examination Form which is required for entrance into 6<sup>th</sup> grade. **These physicals must also be administered between May 1<sup>st</sup> and August 1<sup>st</sup>, 2013 to be accepted by the Athletic Association for the 2013-2014 school year.**

**Please, either make an appointment with your child’s physician now, or plan on taking advantage of the sports physical to be provided by St. John’s in May.** A detailed flyer about the school physical will be sent home in April.

**PLEASE REMEMBER:** To be eligible to participate in **ANY** sport during the 2013-2014 school year, **your child must have a sports physical administered between May 1<sup>st</sup> and August 1<sup>st</sup>, and it must be on file in the school office no later than August 1<sup>st</sup>, 2013.**

Please contact Mrs. Donna Webster at (708) 246-4454, Ext. 215 with questions.