

VISITATION 5TH GRADE

BASKETBALL LEAGUE

1. 5 minute quarters, Overtime periods will be 2 minutes.
2. Playing time – each boy must play one full quarter before any substitutions are made.
3. A junior basketball will be used.
4. 5 seconds in the lane.
5. No 3 point shots.
6. No backcourt pressure until the last 2 minutes of the game.
Defense must return to the front court once possession is gained by the offensive team. The content of this rule is not to allow the defensive team to interfere with the fast break.
After one warning there will be a technical foul.
7. Schools with more than one team in the league must have
EQUAL TEAMS. NO A and B TEAMS. It is the responsibility of the school to make sure their teams are equal.
8. All other IHSA rules will apply.
9. No Double Bonus.
10. Any player in uniform on the bench must play. If a player can't play due to injury or suspension, he may sit the bench, but not in his team uniform.
11. Games are set for 50 minutes. If the game before ends early, we will start the next game after their warm up time. Please inform all parents of this rule.